



## How to Use

VACOpaso Free can be worn on either foot. The shoe's default setting is for use on the left foot.



1 Open the strap fully. Open shoe wide enough to be able to insert your foot.



2 Insert foot and fasten strap.

## Adjusting for Right Foot



3 Unthread strap.



4 Turn strap by 90° and remove.



5 Attach the strap to the opposite side as follows.



6 Insert strap clip into the clasp, press down strap seal and turn 90° until it snaps.

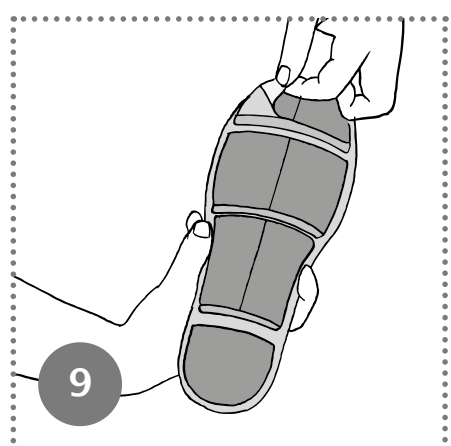


7 Pull strap through the first loop.



8 Warning: Do not use loop on the opposite side. Thread strap through the opposite clasp, close velcro.

## Customize Insole



9 The patient may only adjust it in consultation with his/her treating doctor.

The foam material under the insole is divided into seven sections that can be removed individually. In order to relieve pressure on the regions of the foot affected, remove and dispose of the corresponding sections of foam material from the sole. Reinsert the insole into the VACOpaso Free.

## Guideline Value for Shoe Sizes

	XS	S	M	L	XL	XXL
EUR	37-38	39-40	41-42	43-44	45-46	47-48
UK	4 - 5	5,5 - 6,5	7 - 8	8,5 - 9,5	10 - 11,5	12 - 13,5
US men		6,5 - 7,5	8 - 9	9,5 - 10,5	11 - 12	12,5 - 13,5
US women	6 - 7	7,5 - 8,5	9 - 10	10,5 - 11,5		
cm						

Extreme foot deformities can lead to differences in the size assigned.



**OPED GmbH**  
Medizinpark 1  
83626 Valley/Oberlindern  
Germany  
Fon +49(0)8024/60818-210  
Fax +49(0)8024/60818-299  
mail@oped.de  
www.oped.de

**OPED AG**  
Hinterbergstrasse 26  
6312 Steinhausen  
Switzerland  
Fon +41(0)41/748 53 35  
contact@oped.ch  
www.oped.ch

**OPED UK Ltd**  
Unit 5  
Avro Business Centre  
Avro Way  
Bowerhill  
Melksham  
SN12 6TP  
United Kingdom  
Phone +44(0)1380 722177  
Fax +44(0)1380 710095  
enquiries@oped.biz  
www.oped-uk.com

**OPED Australia Pty Ltd**  
2/97 Montague St.  
North Wollongong NSW 2500  
Australia  
Phone +61(0)2 4226 5880  
Fax +61(0)2 4226 5881  
customerservice@oped.com.au  
www.oped.com.au

**OPED Asia-Pacific Co., Ltd.**  
5th Floor, No 16, Lane 148  
Lide Street, Zhonghe Dist.  
New Taipei City 23512  
Taiwan  
Phone +886 2 222 65586  
Fax +886 2 222 65544  
contact@oped-asia.com  
www.oped.taipei



Keeps you going.